

Owen Sound Skating Club

SKATE CANADA SKILLS TESTS



Skills tests are divided into six levels: Preliminary, Jr. Bronze, Sr. Bronze, Jr. Silver, Sr. Silver, Gold. Skaters must successfully complete each component of the test in order to complete the Skills level.

Low Test Day

Preliminary Skills

- Waltzing Three's
- Waltzing Mohawks
- Preliminary Circles

Junior Bronze Skills

- Threes & Power Mohawks
- Power Circles I
- Change 3's

Senior Bronze Free Skate

- Forward Brackets
- Power Circles II
- Expanding Exercise

High Test Day

Junior Silver Free Skate

- Multi Turns and Power Threes
- Snakes and Ladders
- Flying Choctaws

Senior Silver Free Skate

- Rockers and Choctaws
- Multi-Circle Threes & Brackets
- Expanding Exercise

Gold Free Skate

- Counters and Three Change Threes
- Multi-Circle Double Threes and Mohawks
- Expanding Exercise